

Rajiv Gandhi University of Health Sciences, Karnataka
Final Year M.D. / M.S. Ayurveda Degree Examination - 04-Mar-2025

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITTA AND YOGA - PAPER-I
VAIYAKTIKA SWASTHAVRITTAM SADVRITTAM CHA
(PERSONAL HYGIENE AND MORAL CONDUCT)
(REVISED SCHEME 3)

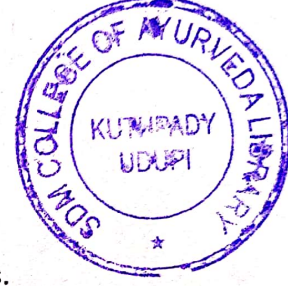
Q.P. CODE: 3541

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

Answer All The Questions

10 X 10 = 100 Marks

1. Explain Adharaneeya vega its ill effects on the body.
2. Explain importance, classification and principles of Aharavidhi.
3. Give details of balanced diet for elderly people.
4. Write brief explanation of genetics in Ayurveda.
5. Give importance of Ritu Sandhi in relation to prevention of diseases.
6. Explain significance of Vyayama in Swastha purusha.
7. Write about the levels of prevention.
8. Discuss about Ritu Haritaki with various Anupana.
9. Write about the principles of Health education.
- 10 Pros and Cons of Mamsahara.



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